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*Together We Are Inspiring Life-Long Learners*

## **COVID-19 UPDATE**

Dear Index School Families,

I am sending you an update on our response to the latest surge of illness in the state. We want to keep your child and family safe. We want to follow best practices for safety guidance in keeping the whole community healthy.

I would like to emphasize, there are no plans to implement any closures at this time, but we need to be prepared for that possibility. Thanks for your partnership in supporting the well-being of our students and staff.

If you do get sick or have tested positive for the COVID-19 virus, our nurse (Lynne Kelly RN) will be contacting you and giving direction on what steps need to take place to get your child healthy and able to return to school. We hope this crazy bug becomes less impactful to families and schools in the near future- but we need to stay focused on preventing this from spreading further in our school. A few reminders of ways we can all support health and safety to avoid spreading sickness:

- Avoid large gatherings
- Wear masks properly
- Continue to wash your hands regularly
- Maintain physical distance from others
- Get vaccinated, including a booster shot

## **[Updated K-12 Guidance]**

### **Test to Stay changes for close contacts:**

- Both students and staff are now eligible for Test to Stay, exclusions may apply.
- Students who are eligible for Test to Stay may attend school. This is known as modified quarantine. Your school nurse (Lynne Kelly RN) will provide you with more details about Test to Stay.

*NOTE: If you have any questions regarding this guidance: Contact our school nurse (Lynne Kelly RN [lkellyrn@index.k12.wa.us](mailto:lkellyrn@index.k12.wa.us)) at the school **or** consult the guidance from the Snohomish Health Department website: [snohd.org](http://snohd.org). The following guidelines are set by the state and Snohomish County Health Department. This information will be emailed to you and a hard copy will be sent home with your child.*

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